



Recovery Housing

Fairfield University offers a unique opportunity for students in recovery from alcohol and/or drug dependence. An unmarked University Recovery House for male students is conveniently located in walking distance to campus. Students support each other while maintaining personal accountability and building meaningful relationships based in friendship, sobriety, and their college experiences. A house manager lives on premise and is available to advise and support students. All house occupants are part of our Recovery Program which promotes healthier choices and substance free living through a nurturing and affirming environment.

Students must apply to live in the Recovery House and agree to abide by the standards of that community. Our recovery program includes support groups, meetings, dinners, and organized activities such as attendance at sporting and campus events, rock climbing trips, and other fun outings. Housing is not a requirement to participate in the Recovery Program, but students may find it to be extremely valuable in supporting their recovery.

The Recovery House is the latest initiative in Fairfield University's efforts to address substance abuse issues. Orientation for first-year students includes presentations about substance abuse, healthy choices and campus resources. Prior to coming to campus, freshmen are required to complete AlcoholEdu, an online alcohol education program. Fairfield University provides educational classes, clinical assessments, and treatment modalities including motivational interviewing, harm reduction and 12-step approach. The University hosts AA and ACOA (adult children of alcoholics) meetings on campus and offers individual and group counseling as well as psychiatric treatment. Students also receive training to assist other students such as the Red Watch Band Training, a bystander program. The University provides a Recovery Lounge, a private area with flat screen TV, gaming, library offerings, and coffee and snacks for students to relax, socialize, or study.

This Program is coordinated by Students-in-Recovery Board of Directors consisting of students, mental health clinicians, faculty, administrators and alumni.

For more information or to apply for recovery housing, please contact (203) 254-4000, ext.2146.