Formal Living and Learning Communities and Residential Colleges Overview

**FIRST YEAR**

**Healthy Living**
The mission of the Healthy Living community is to provide services and support for first-year students who choose to participate in a community focused around healthy lifestyle choices. The Healthy Living community focuses on nutrition, exercise, being substance free, stress management, and programs that help students develop a holistic lifestyle. This community assists students in their transition to college through programs and partnerships with other students, faculty, and staff members.

- Provides an opportunity for students to choose to live a healthy lifestyle
- Educates students on health topics
- Enlightens students on the dangers of using alcohol and other drugs
- Provides unique programming and leadership opportunities
- Encourages and promotes co-curricular learning and engagement
- Builds a community of students with similar ideals and values towards healthy living, while remaining diverse enough to learn from one another
- Helps students with the transition to their first year at Fairfield University
- Engages in home-cooked meals with friends and staff members

**Benefits include:**
- Increased network of resources with faculty and staff members
- Specialized programs geared towards fostering a healthy lifestyle
- Special events each semester
- Intentional and meaningful connection with residents on the floor
- Increased awareness of how healthy habits in all aspects of life help one become a more well-rounded person
- Education and modeling for other students about the benefits of a healthy lifestyle

**Man 2 Man**
The mission of Man 2 Man is to provide a planned community for our male first-year students offering an opportunity to bond in a positive and uplifting fraternal environment. Man 2 Man focuses on positive male mentorship, developing leadership skills, and discerning a sense of what kind of man each participant would like to be upon graduation. This program assists participants by creating a strong social network of first-year students, upperclassmen, faculty, and staff. The program aims to provide a balance of educational and uplifting events as well as large-scale social events. All parts of the program aim to promote positive masculinity both on campus and in the larger community.

- Provides opportunities to connect with other students
- Participants will think critically about their ego and sense of self
- Specialized bonding events including movie nights, sporting events, and dinner series with male role models
- Participants will answer the question “What does it mean to be a man on campus in the 21st century?”
- Students will develop a strong balance between academics, socializing, and spirituality.
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Benefits include:
- Enhanced network of contacts and friends among peers and staff
- Intentional mentorship relationships meant to guide students through the college transition
- Specific events planned for the group which have included off-campus sporting events, poker nights and wiffle ball games
- Connection to University and its resources

WiSTEM (Women in Math, Science, Technology, Engineering, and Math)
The mission of WiSTEM (Women in Math, Science, Technology, Engineering, and Math) is to provide services and activities to help support women pursuing the fields of science, technology, engineering, and mathematics while building community beyond the traditional academic boundaries. The program also emphasizes connections with other women in related fields and between undergraduates, faculty, and female professionals outside academia.

Benefits include:
- Living in an intentional community
- Participating in courses in student’s major with floor mates
- Special study groups
- Paired with student and professional mentors
- Personal and Professional Etiquette program and career planning sessions
- Opportunities to participate in research projects

SOPHOMORE YEAR

Creative Life Residential College

The Creative Life Residential College is a sophomore living and learning community that will help guide students to a greater awareness of themselves as creative individuals, while exploring fundamental questions of identity, community, and vocation.

Students from all schools and departments at the University are welcome. We encourage synergy between students in business, science, art, engineering, humanities, and nursing. This is a particularly wonderful opportunity for people who have never considered their creative side.

The following questions will frame the students’ exploration:
- Who am I as a creative person?
- How can I contribute creatively to our world?
- How do I live a creative and examined life?
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**Ignatian Residential College**
Sophomores have a special opportunity for the exploration and integration of the intellectual, spiritual, and affective dimensions of their lives. Residents reflect on some of life's biggest questions, such as "Who am I," "Whose am I," and "Who am I called to be?" Specifically designed Ignatian Residential College courses (that meet core curriculum requirements), as well as cultural, social, spiritual, and mind-expanding events, help support and facilitate this exploration. In addition, a mentor program involving students meeting in small groups with faculty, staff, alumni, or friend mentors is integral to the experience of all students.

**Service for Justice Residential College**
This is a residential college for sophomores centered on learning about social justice and diversity. Through the lens of diversity and social justice, the Service for Justice Residential College includes an intentional living community, mentoring groups, fantastic core courses, service opportunities, and social, dinner, and seminar events. The Service for Justice Residential College is centered on three overarching questions:
- How can I make a difference here, now?
- How can I understand, appreciate, and explore difference?
- How can I be me in this diverse world?

**UPPER-CLASS STUDENT OPTIONS**

**Build-A-House**
This is an exciting opportunity for juniors and seniors to share their passion with the Fairfield University community. Juniors and seniors wishing to live together are asked to identify a theme they are passionate about that benefits our campus community in a positive way. These communities, in collaboration with their advisor, will be responsible for educating the University community about their theme. Locations eligible for these communities include the townhouses, apartment complex, and the beach community.

For more information contact Nathan Lubich in the Office of Residence Life at nlubich@fairfield.edu.