Psychology Department
Four-Year Plan, Classroom to Career

1A. Freshman Year, Psychology Department

☐ Academic Advising
Use your academic adviser and the peer advising program to explore Psychology and other potential majors, minors, programs and courses, given your interest. What core courses fit best with your career goals? Work them into your schedule.

☐ Dream Job
What is your "dream job" after graduation? What are you passionate about? Talk to your faculty adviser and other mentors. As a Psychology major, how can you use your remaining time at Fairfield to prepare for it through class work, internships, volunteer activities, summer jobs, leadership positions with clubs and organizations, and other relevant out of class experiences? The analytic and communicative skills essential to the psychology major also prepare students for professional study in law, social work, medicine, nursing, physical and occupational therapy, education, and business. In addition, students with a degree in psychology are particularly well suited for any entry-level position that demands a solid liberal arts education.

☐ What to do with a Psychology degree
Do some Internet research at sites like http://psychology.about.com/od/careersinpsychology/a/careersbach.htm

☐ Many related pursuits.
Talk to your faculty adviser about these potential options:
Psychology students interested in a career in the health professions can become part of a careful mentoring and advising process beginning in the first year (or whenever they decide to pursue a health professions career). A faculty adviser will guide each student in the selection of an appropriate course of study for a wide variety of careers in the health professions; review the academic standards applied by the various medical/professional schools, and the specific tests required by these schools; help students to identify internships, research, and volunteer opportunities; discuss a range of other important issues related to the world of the health professions; and organize program meetings where health care workers or professional school admissions officers present information. Here is the four-year course of study.

Many students majoring in Psychology follow the pre-med concentration and have become surgeons, family physicians, psychiatrists, dentists, and veterinarians. In addition to medicine and advanced study, career paths chosen by graduates of recent years include allied health fields such as Chiropractic, Epidemiology, Mortuary science, Nutrition, Medical lab technology, Optometry, Osteopathy, Physiotherapy, Physician assistants, Public health, and Podiatry.

There is no single "pre-health" major at the university. Students should explore all their interests regarding potential majors, there is no "best major" for a health professions
program student. Freshman year, introduce yourself to the health professions adviser and pick up a copy of the Health Professions Handbook. They will sit down with you and discuss your plans or thoughts about a career in the health professions. Due to the number of required courses, your schedule is tight.

- **BASE Camp (Broadening Access to Science Education)**
  BASE Camp projects offer students an informative and fun week-long experience with actual scientific research, across all scientific disciplines at Fairfield. Projects change every year, allowing students to choose from a variety of topics including biomedical science, medicinal chemistry, forensics, developmental biology, evolutionary biology, marine ecology, software engineering, behavioral psychology, neuroscience, and biophysics, and applied mathematics. This camp is for Bridgeport high school students, and biology majors can serve as counselors, learning and at the same time gaining experience in tutoring and education.

- **Freshman housing option**
  Take a look at the WiSTEM (Women in Science, Technology, Engineering, and Mathematics) Living-Learning Community at Fairfield. This community is located on the third floor of Gonzaga Hall and is home to about thirty first-year student participants and two upper-class Resident Assistants. The mission of WiSTEM is to provide services and programming to women pursuing the STEM fields through a residential community which emphasizes connections with faculty, alumni, professionals, and peers in an effort to create a supportive environment where women can succeed at Fairfield University. The WiSTEM community enhances the educational experiences by providing academic development and leadership opportunities through its various services and programs.

- **Sigma Xi**
  Attend the annual Sigma Xi poster session, held in the Campus Center every spring. See the work of other Psychology majors, and imagine how your work will be displayed in future years.

  Sigma Xi, The Scientific Research Society, was founded in 1886 as an honor society for scientists and engineers. Headquartered in Research Triangle Park, N.C., it is an international research society whose programs and activities promote the health of the scientific enterprise and honor scientific achievement. There are more than 80,000 Sigma Xi members in about 500 chapters at colleges and universities, industrial research centers, and government laboratories. Each year the Society initiates nearly 5,000 new members. The Society is a diverse chapter-based organization dedicated to the advancement of science and engineering through outstanding programs and services delivered in a collegial and supportive environment. The mission of Sigma Xi is to enhance the health of the research enterprise, foster integrity in science and engineering, and promote the public's understanding of science for the purpose of improving the human condition. Vision: To be the global honor society of science and engineering. Contact: Dr. Jim Biardi, advisor. Ext.: 3465; E-mail: jbiardi@fairfield.edu

- **Psi Chi**
Psi Chi, the national honor society in psychology, was founded in 1929 for the purpose of encouraging, stimulating, and maintaining excellence in scholarship and advancing the science of psychology. It inducts both undergraduate and graduate members. It currently has 868 chapters nationwide. Contact Dr. Judy Primavera, advisor; ext.: 2233; E-mail: jprimavera@fairfield.edu

1B. Freshman Year, University wide

- **Hear From The Experts**
  Attend lectures on campus and hear from professionals and experts in your field of interest. Start with the Open VISIONS Forum and look for other events listed in the university calendar. In choosing FYE events to attend, include those most related to career interests.

- **Seek Out As Many Experiences As Possible**
  Not sure of a career path? Use extracurricular activities to help you expand, or narrow, your choices.

- **The Core: Start Exploring**
  Talk to your faculty adviser about how to choose core courses that will encourage you to explore new areas and supplement your areas of interest and career goals.

- **Showcase Your Material**
  Start collecting materials you put in a portfolio to market yourself and help show your experience. Create a blog or e-portfolio to both present the work (newspaper stories, poetry, well-crafted essays, videos) and to offer reflections on them. Contact CAS Associate Dean Aaron Perkus for help in creating an e-portfolio.

- **Discover your passion!**
  Take chances on different classes and majors. Find faculty members who can guide your journey here. Get plugged in and, along the way, discover what you are passionate about.

- **Summer Jobs**
  Work with your faculty adviser to discuss options for a summer job that could give you experience and add content to your resume.

- **Campus Clubs and Student Organizations**
  Invest your time in activities that give you experience in your field of interest and put you in touch with students who might have similar career interests.

- **Study Abroad**

- **Work, Work, Work**
  Look for a relevant job on or off campus to gain work experience. Consider volunteer opportunities, often tied to your academic interest, to give you experience and provide
information on potential careers, especially with non-profit organizations. Looks for summer internships and jobs so you can apply classroom lessons to the professional world.

- **Living and Learning**
  Make plans for sophomore year to team up and network with other students who share your career interests.

- **Lead On**
  Look for chances to begin building your leadership skills. Take advantage of New Student Programs that bridge the classroom with the residence halls. Network with students in your residence hall who are enrolled in the same Cornerstone classes and participate in the First Year Experience (FYE) program. This will help you to make friends who share your passions and interests.

- **Preparing for graduate school, early**
  A large percentage of Fairfield students further their academic careers after four years at Fairfield. Fairfield’s pre-law program has a full-four year agenda of recommended activities. For freshman year, interested students should concentrate on attaining high grades in your University Core classes; develop good study habits; attend St. Robert Bellarmine Society Events; and follow the Pre-Law website for events and tips on applying to law school. Talk to your academic adviser about preparing for graduate school options.

- **Ask A Librarian**
  The DiMenna-Nyselius Library has resources to help you to discover, begin and manage your career. If you would like assistance in using any of these resources, contact a librarian.

- **Start Career Planning. Now**
  Make an appointment with the Career Planning Center (CPC) to meet with staff, talk about your goals and aspirations, and how to best utilize your next four years of college. Read about jobs in which you might be interested. Attend Career Fairs and ask employers what they are looking for in new hires. Look at the CPC's online Career Planning Advisor Videos and Research Tools.
2A. Sophomore Year, Psychology Department

☐ **More Advising**
Use your faculty adviser and peer advising to choose the best courses, given your interest. Be prepared for your annual meetings. Look for unusual opportunities that could indirectly help a career in science.

☐ **Research opportunities**
Talk to your professor or department chair about opportunities for summer research as paid research assistants on campus or in NSF sponsored summer intern programs at other institutions throughout the country.

☐ **Keep Dreaming**
What happens after Fairfield? What would be your "dream job" – and how do you get there? Talk to your faculty adviser and other mentors: How can you use your remaining time at Fairfield to prepare for it?

A survey of Fairfield alumni who majored in psychology indicates that most seek an advanced degree at institutions including Yale, New York University, UCLA, and Columbia. The largest number have sought that degree in psychology and allied fields but many have gone to medical, law, education and business schools. About half of those in business are employed in public relations, human resources, investments, advertising, and marketing. As a student, you will have many choices but you can find help in making these, not only from faculty, but from a network of alumni mentors who can offer counsel based on their own experience.

The Psychology Department has recently developed the Alumni Mentor Database to allow undergraduates to correspond with psychology alumni with similar professional interests. Each participating alumnus or alumna has submitted information concerning his or her advanced educational and employment experiences. Students may browse through all the records or search the database to locate the names and addresses of alumni with specific interests or experiences.

☐ **Honors Programs**
Qualified Psychology students participate in the Honors Program at Fairfield University and, for students with an exceptional academic record of achievement, the opportunity to be elected to the country's premier honor society, Phi Beta Kappa.

☐ **Internship**
Talk to your faculty adviser and start planning now for potential internships. Think about "trying out" a career, gaining work experience, marketable skills, potential mentors and a competitive edge. Look for potential matches between an internship with your career. You can serve an internship for one or two semesters of credit in Applied Psychology. The wide range of opportunities includes work with children with autism, assisting probation officers and guidance counselors, work in advertising and human resources, and assisting in psychiatric facilities. All allow students to spend ten hours a week using knowledge acquired in their classes. The Adrienne Kirby Family Literacy Project provides opportunities to be involved in preventive intervention that helps low-income preschoolers and their parents in language and reading.
As a senior, you can undertake independent research; as a junior, you can apply, as many have done successfully, for summer research opportunities at other institutions, as well as supervised research and summer opportunities at Fairfield University.

Other internship sites include the Center for Growth and Development in Norwalk CT (children with special needs); CRN International (radio marketing); People's Bank (human resources); YWCA (domestic violence unit); Superior Court (adult probation, family court, juvenile center); Legal Services of Connecticut; Memorial Sloan-Kettering Cancer Center (children's unit); Family and Children's Agency, Norwalk; New England Center for Children; Giant Steps; National Center for Post-Traumatic Stress Disorder; Fairfield Preparatory School (counseling); The United Way (organizational psych).

☐ **Line Up References**  
Start to look for 3+ professors in Psychology and elsewhere who might serve as professional references for you. Discuss your future plans with them and ask for guidance. Stay in touch with them so they can speak about your successes in an informed way.

☐ **BASE Camp (Broadening Access to Science Education)**  
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☐ **Related interests**  
Interested in the Health professions at Fairfield? You can receive specific advice on how to best prepare yourself to become a strong applicant for admission to a health professions school. Each semester, in addition to regular program meetings with all other pre-health students, you'll meet one-on-one with the program advisor. Those strategy sessions will help you determine how to best to plan and carry out all of the components of building your application packet for graduate programs. The health professions advisor also works with the Career Planning Center to offer general and specific advice, to anyone on campus, concerning the many professional opportunities in the health sciences. In addition to the necessary science courses, internships and research opportunities, Fairfield also provides you with a strong background in the liberal arts that emphasizes the ethical and human side of medicine, through appropriate courses in the
social sciences and humanities. This helps students to build a broad perspective on healthcare and its associated issues, such as patient's rights, health care policy and legislation, ethics, etc.

All of this serves to make Fairfield applicants stand out during the very competitive admissions process. Here is the four-year course of study. In sophomore year, you should be earning good grades in all your classes, especially the science classes. The best time for students to gain valuable experience within the health care setting is usually during the summer before the junior year. Make sure that you investigate various options for clinical exposure or research with the health professions advisor during the sophomore year so that you know what you will be doing for the summer.

□ Package Yourself Professionally
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□ Service Learning Associates
The Service Learning Associates (SLA) program engages 8 to 10 undergraduates each semester as student leaders to their peers in service-learning courses. Each Associate works intensively with one professor to support a service-learning course which aligns with the Associate's academic background and interests. The Associates meet regularly with both faculty and fellow Associates throughout the semester and attend professional development training.

□ Portfolio
As Graduation Day nears and your job hunt picks up, what materials can you put in a portfolio to market yourself and help show your experience? Create a blog or e-portfolio to both present your best work (essays, research papers, work done through a campus club, internship or summer job) and to offer reflections on them. Your faculty adviser can help you sort through potential items and build a strong portfolio to accompany your resume and cover letter. Contact CAS Associate Dean Aaron Perkus to create an e-portfolio.

2B. Sophomore year, University wide

□ Hear From The Best
Look for lectures on campus when professionals in your field come to speak and often meet
Career Readiness
Want to get a jumpstart on your future? Sophomore Success is a series of casual dinners developed to help you figure out such questions as: Facebook, LinkedIn and Twitter – do they really matter? Will my posts impact my future? How do I write a resume? How can I make myself stand out in the job market? Should I study abroad? How do I get an internship? What about grad school? Should I do service? Have I really given enough thought to my major based on my career goals? Networking Skills? Business etiquette - what the heck is that? Students meet over dinner with Career Planning staffers and discuss topics. Look for sign-up information early in the year.

Yes, employers look at GPA
Keep your eye on the goal of academic excellence.

Leadership Skills
Consider a leadership role with a student club or organization to help give you leadership and management experience.

Service Learning Courses
Look for Fairfield courses that give you a chance to interact with the off-campus community, gain experience, and maybe pick up a resume credit.

The Study Abroad Fair
The Study Abroad Fair will give you tips to use in finalizing any travel plans for junior year. Talk to faculty and other students on how the experience could help further your career goals.

Build A Portfolio
Consider creating a blog or e-portfolio to collect materials that you can use to promote yourself in the future. Build a blog.

Relevant Summer Job
Talk to faculty and Career Planning to increase your chances of securing a summertime job (after sophomore year) that is related to your career goal, can give you some experience, and serve as a credit on your resume. Use Facebook and LinkedIn to present yourself to the world in a professional manner.

Career Planning
Don't wait! Make another appointment with a Career Planning Center counselor. Consider taking a "self-assessment inventory" test to help you get a better handle on where your strengths might be directing you. Update your resume. Look for workshops that can sharpen skills in writing resumes, networking, and mock interviewing. Register with Experience, Fairfield's online recruiting system, and get familiar with how it works. Students can search for jobs, internships, information on career fairs, and submit resumes to jobs and internships of interest.

More Career Planning
Attend Career Fairs and ask employers what they are looking for in new hires. Make an appointment with the Career Planning Center to meet with staff and talk about your goals and aspirations. Look at their online Career Planning Advisor Videos. Look at the Research Tools for Careers.
3A. Junior Year, Psychology Department

□ **Supervised Research**
Talk to favorite professors about possible supervised research projects you might do in your area of interest, in the summer or during the school year. On-campus summer housing is available. Take advantage of the Internet Resources for research, as recommended by the department.

□ **Independent Studies**
Interested in a research area but there is no course offered in the catalog? Talk to a faculty member or department chair about a possible independent study.

□ **CAS Awards**
Psychology has department awards for outstanding students every spring; they are honored at the College of Arts and Sciences award night in April. Attend the event and look for projects that might earn you this honor. With your faculty adviser, gain experience in entering such a competition and learn how to effectively package and present your work-and yourself. Non-seniors are often singled out for their great work.

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□ **Internship Plans**
Talk to your faculty adviser about the two internships for credit that are allowed at Fairfield. Remember that summer jobs, not for credit, can be just as useful in gaining experience and building a resume. Here are three advanced settings:

- **Family Literacy Project.** The Family Literacy Project is an early intervention program designed to increase the school readiness of low income urban Head Start preschool-age children through direct tutoring of the children and through parent education workshops. Students are trained to be literacy coaches and are assigned to work individually with preschoolers who have been identified as having delays in their language development. In addition to this supervised applied experience, several of our majors have used their work at Head Start to become involved in research.

- **Internship in Applied Psychology.** Integrating both cognitive and experiential learning, the Psychology Department offers its senior psychology majors the opportunity to work as interns in varied settings. Student interns are offered a wide selection of placements from which to choose, including working with children with autism, assisting probation officers, working with guidance counselors, learning about advertising or human resources, working in psychiatric facilities, etc. Each student spends at least ten hours per
week on-site under qualified supervision enabling her or him to use the skills and knowledge acquired as students of psychology.

- **Internship in Teaching Psychology.** This practicum experience, open to advanced psychology majors, affords the student an opportunity to explore the profession of teaching psychology. Under the direct supervision of the professional staff of the Department, students are introduced to the issues of curriculum development, methods of classroom instruction, selection and use of media resources, test construction, and strategies for the academic and practical motivation of students. Interns have the opportunity to observe participating faculty engaged in the profession of teaching, to share in some of the instructional activities, and to meet with other interns in a seminar format to process the learning experiences.

- **Final Career Choices**
  How can you best use your remaining courses and free electives to both round out your education and prepare for a career? How about possible graduate school work in Psychology ... or scholarships like a Fulbright Fellowship ... or Teach for America. Talk to your faculty adviser.

- **Related programs**
  Fairfield has a long history of success in preparing students with a solid foundation for the health professions. Since 1951, more than 2,000 Fairfield alumni have earned degrees in medicine and dentistry and are practicing throughout the world. More than 500 others have opted for other specialties within the allied health professions. Fairfield students have been accepted at almost every medical school in the country including Yale, Harvard, Duke and Cornell. Career Options in Health include Public Health, Toxicology, nutrition, and many others.

- **In junior year,** you finish up some of the required courses. It is strongly recommended that you take at least one English course by this time. Most entrance exams including the MCAT have a verbal section. Scientific thinkers often do poorly on these sections. Therefore it is wise to balance your skills by taking humanities courses which will force you to do critical reading and lots of essay writing. Philosophy, Religion, English and History are good examples.

Most students (excluding pre-meds) take their pre-professional admissions exams at the end of their junior year. Since these exams test your understanding of basic Biology, Chemistry, Mathematics and Physics it is imperative that you have completed your required courses by this time. The MCAT is given several times throughout the year, but it is recommended that you take it in late spring/early summer so that your application can be complete by June. Remember to request a letter of recommendation from the Health Professions Committee. The deadline for applications is April 1. The committee interviews each candidate, reviews their academic performance and votes whether or not to recommend that student. Students whose performance is not up to Fairfield's standards may not be recommended. If this happens, you may support your application with three letters from individual professors in lieu of a committee letter. **NOTE:** the summer Between Junior and Senior Years is usually a busy time. Now is the best time to fill out applications. This is more complicated than it sounds (will take you hours!) so allow plenty of time. Nearly all health professions schools have rolling admissions so it is to
your advantage to get your applications in as soon as possible. However, it is most common for pre-medical students specifically to apply after senior year. Students who were not ready in the spring or who did poorly on spring entrance exams may elect to take them in the summer.

- **Package Yourself Professionally**
  Start building a Linkedin.com profile, one of the most popular ways to find jobs and internships for college students. Establishing a professional profile page and networking with both peers and working professionals will significantly enhance the chance to have a flying start in the professional world after graduation.

- **Line Up References**
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- **Service Learning Associates**
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founded in 1886 as an honor society for scientists and engineers. Contact: Dr. Jim Biardi, advisor. Ext.: 3465; E-mail: jbiardi@fairfield.edu

3B. Junior Year, University wide

- **Shadowing**
  Fairfield is expanding its program for students to shadow alumni, where the student can take an inside look at a career, get an overview of a company or industry, explore individual career options and goals, and receive advice from a professional. Students in biology and psychology are among those who benefitted in the past. Contact Alumni Relations

- **Study Abroad**
  Use a Study Abroad trip to gain a cross-cultural perspective, move toward becoming a global citizen, and think more broadly about your studies and career possibilities.

- **Resumes**
  Continue to polish and hone your resume. What’s missing? How can you use your remaining time at Fairfield most effectively?

- **Working with professors**
  Talk to your academic adviser and other professors in your department about what else you can do to build on classroom learning.

- **Leadership**
  Gain management experience - and give something back - by taking as leadership position in a campus club or student organizations.

- **Networking**
  Begin networking by connecting with Alumni Career Services and its Fairfield Alumni Network (FAN) program. Look for relevant information in the Alumni Career Webinar Series, focusing on such issues as the job search and professional development. Look at the Fairfield Alumni groups on LinkedIn and join those that are relevant. Look at the Jobs Board and Internship Board.

- **RCADE workshops**
  These free, mini-courses can strengthen technical and computer skills. These days, to compete, you must be proficient in Excel, PowerPoint and Word, plus programs you might need for specialized jobs such as Photoshop and In Design. Beyond RCADE, how can you use any final elective courses to gain additional skills needed for your dream job?

- **Summer Jobs and Internships**
  Work with your professors to help find relevant summer jobs and internships that can give you more experience and add a credit to your resume.
- **Service Learning**
  To learn about paying careers with non-profit organizations, make room on your four-year course schedule for a Service Learning course.

- **Civic Engagement**
  As you add to your resume, what other opportunities can you choose to give you applied experience and civic engagement beyond the classroom? They might include summer jobs, internships, leadership roles in campus clubs, or mentoring other students. Work to become a leader and an explorer, through engagement with the broader community.

- **Hit The Library**
  The DiMenna-Nyselius Library has a large array of resources to help you to discover, begin and manage your career: If you would like assistance in using any of these resources, please contact a librarian.

- **Hear from the professionals**
  Attend lectures on campus when professionals in your field come to speak and often meet students. Start with the Open VISIONS Forum and other events at the Quick Center.

- **Leadership**
  Gain management experience - and give something back - by taking a leadership position in a campus club or student organization.

- **Your Portfolio**
  Consider creating a blog or e-portfoilio to collect materials that you can use to promote yourself in the future. ([Build a blog](#)).

- **Volunteer Opportunities**
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- **Career Planning Counselor**
  Have a counselor review your updated resume to develop it further and add your summer activities. Upload your resume on Experience for summer internships. Practice interviewing techniques with Counselors and take advantage of Mock Interview opportunities with real employers. Attend workshops. Participate in the Career Fair so you can see what it is like, begin meeting employers and researching who you might want to work for.
4A. Senior Year, Psychology Department

- **Capstone Courses/ Independent Study**
  Use the Capstone Course to integrate what you have learned and reflect upon how you have grown at Fairfield and where your path will lead you next. The course also is usually a chance to also sharpen research skills, strengthen any Portfolio, and make fresh connections among courses and experiences.

- **Research**
  Start to narrow your interests and look for ways to use class work, internships, summer work and potential independent studies to further your interest.

- **Final Internship**
  Use your final internship(s) to try out careers, sharpen your resume and cover letter, develop a portfolio, make contacts, and take classroom skills and apply to real world.

- **Psi Chi**
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- **Grad School?**
  Talk to a favorite professor about possible graduate school work in Psychology. Talk to favorite professors about possible research projects you might do with them.

- **Related programs**
  In Health Professions, your applications should be in and you will be watching the mail. You may have secondary applications to fill out but your real concern should be interviews. See Dr. Church for lists of commonly asked interview questions, or to schedule a mock interview to help you prepare for the BIG day! If you have finished all core and major requirements you may take
whatever classes interest you. This is a great opportunity to learn something special! Remember to keep your GPA up! As a rule, medical students should have at least a 3.5. If your GPA drops below 3.0 it is unlikely that you will be accepted into any American medical schools. Other programs have somewhat lower GPA requirements, but whatever your aspirations you should strive to stay above 3.0.

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4B. Senior Year, University Wide

**Final Work With Career Planning**
Fine-tune your resume by adding summer jobs and senior classes. Hone your interviewing techniques. Read the Experience calendar daily. Network with alumni through the Fairfield Alumni Network (FAN). Attend the fall and spring Career Fairs. Update your resume on Experience. Apply for specific jobs by uploading your resume to that job description. Participate in real interviews. Look at the employment information and online job board.

**Learn While Doing**
Look for learning opportunities where you also gain useful experience. They might include internships, Service Learning courses, volunteer positions, and campus leadership roles. Become a leader of a campus organization or club and gain management experience.

**Preparing for law school and graduate programs**
About half of CAS students further their academic careers after four years at Fairfield. Fairfield’s [pre-law program](#) has a full-four year agenda of recommended activities. For senior year, the program encourages interested students, in the summer before senior year, to narrow the list of law schools in which you are interested. Work on your personal statement and application. Line up your letters of recommendation from faculty members and others. Have your application and supporting materials ready by late summer of your Senior year and apply as early as possible. If you were unable to take the LSAT in June of your junior year, plan to take the October exam in the fall of your Senior year. Apply as soon as possible after getting your scores. Attend St. Robert Bellarmine Pre-Law Society Events. Let the Pre-Law Advisor know of your progress in getting accepted. Other students will be anxious to learn from your experience!
Research
Look for opportunities to publicly present your research at academic conferences or on-campus poster sessions.

Capstone? Internship?
How can you most effectively tie together what you have learned? Your final courses allow you to reflect upon how you have grown at Fairfield and where your path will lead you next.

Role Models
Look for lectures on campus when professionals in your field come to speak and often meet students. Start with the Open Visions Forum.

Technical Skills
Attend workshops (sponsored by RCADE and others) to strengthen technical and computer skills. How can you use your remaining courses to gain additional skills needed for your dream job?

Non-Profit Sector
Look for a relevant job on campus to gain work experience. Consider volunteer opportunities, often tied to your academic interest, to give your experience and provide information on potential careers, especially with non-profit organizations.

Library Help
The DiMenna-Nyselius Library has a large array of resources to help you to discover, begin and manage your career: If you would like assistance in using any of these resources, please contact a librarian.

Final Work With Career Planning
Fine-tune your resume by adding summer jobs and senior classes. Hone your interviewing techniques. Read the Experience calendar daily. Network with alumni through the Fairfield Alumni Network (FAN). Attend the fall and spring Career Fairs. Update your resume on Experience. Apply for specific jobs by uploading your resume to that job description. Participate in real interviews. Look at the employment information and online job board.

View Your Contacts As A Network
Do you have faculty references lined up? How about classmates who can help inform you about jobs they hear about. Network!