To sign up, please complete the following, then scan and e-mail cgilbertson@fairfield.edu or copy and send via interoffice mail to Colleen Gilbertson in the Egan Chapel of St. Ignatius Loyola.

Name: __________________________

E-mail: __________________________

Cell: ____________________________

☐ Faculty/Staff  ☐ Local Resident

For further information contact:
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A WEEK OF DIRECTED PRAYER

An introduction to Ignatian prayer
THE WEEK IS OPEN TO ALL FACULTY AND STAFF WHO ARE INTERESTED IN EXPLORING THEIR PERSONAL RELATIONSHIP WITH GOD THROUGH PRAYER.

Since participants are able to continue their daily routine during this retreat, it is especially appealing to those who find it difficult to go away for a retreat.

The retreat is also open to those outside the University community (for a nominal donation).

HOW DOES THE RETREAT WORK?

An introductory meeting will be held on the first Saturday of the retreat week in the Egan Chapel of St. Ignatius Loyola. A team of prayer guides, who are experienced Spiritual Directors, will meet with the retreatants.

A daily half-hour meeting will then be arranged with your own personal guide, to be held Monday through Friday, in the morning, afternoon, or evening, depending on your schedule.

You will also be asked to commit to one half hour of private prayer each day, choosing for yourself the time and location.

The week will conclude on Saturday morning when the retreatants come together to share, celebrate, and plan any follow-up desired.

THE WEEK OF DIRECTED PRAYER ADDRESSES THE FOLLOWING:

• I want to be in real conversation with God, and I need help to do that.

• My work life and prayer life are separate. I'd like to connect them.

• I need to reflect on how God is calling me at this time.

• I appreciate the prayer life I have but would like to have it enriched.

Exploring your faith journey in a one-to-one situation where the focus is on you and your relationship with God provides an opportunity to satisfy these needs, to be affirmed in your natural way of prayer, and to explore new and different ways of praying.

Those who have attended this retreat have commented that life and relationships have become more authentic and integrated. They have also been blessed with a deeper peace and awareness of the movement of God in their daily lives.

WHY PARTICIPATE IN THE WEEK OF DIRECTED PRAYER?

Many people express a desire for guidance in prayer. Often the need is described in terms of a search for deeper meaning in their lives or a deeper personal relationship with God.

You will also be asked to commit to one half hour of private prayer each day, choosing for yourself the time and location.