

# Fairfield University Kanarek Center for Palliative Care

## FAQs for Legal Aspects of Advanced Care Planning

### Do I need an attorney to fill out these forms?

No. You can fill out living wills as long as there is a witness present to co-sign the document. However, for those under 18 or those who have been judged to lack the mental capacity to do so require the signatures of a legal or natural guardian.

### Where can I find my state specific advance directive form?

Visit: <https://www.nhpco.org/advancedirective/> or scan QR Code here:



### What forms need to be notarized?

A Durable Power of Attorney (DPOA) needs to be both witnessed and notarized.

In the State of Connecticut, a Living Will and Health Care Proxy (HCP) or surrogate form, needs only to be witnessed.

Documents like the Five Wishes do not need either a witness or notary.

### Resources: *Links to information and videos that will explain more about the advance directives and the law.*

Connecticut Living Will Laws



Mayo Clinic: Living Wills Information



Toolkit for Healthcare Advance Planning



Five Wishes

[www.fivewishes.org](http://www.fivewishes.org)



The Conversation Project  
[www.theconversationproject.org](http://www.theconversationproject.org)



Aging with Dignity:  
[www.agingwithdignity.org](http://www.agingwithdignity.org)

