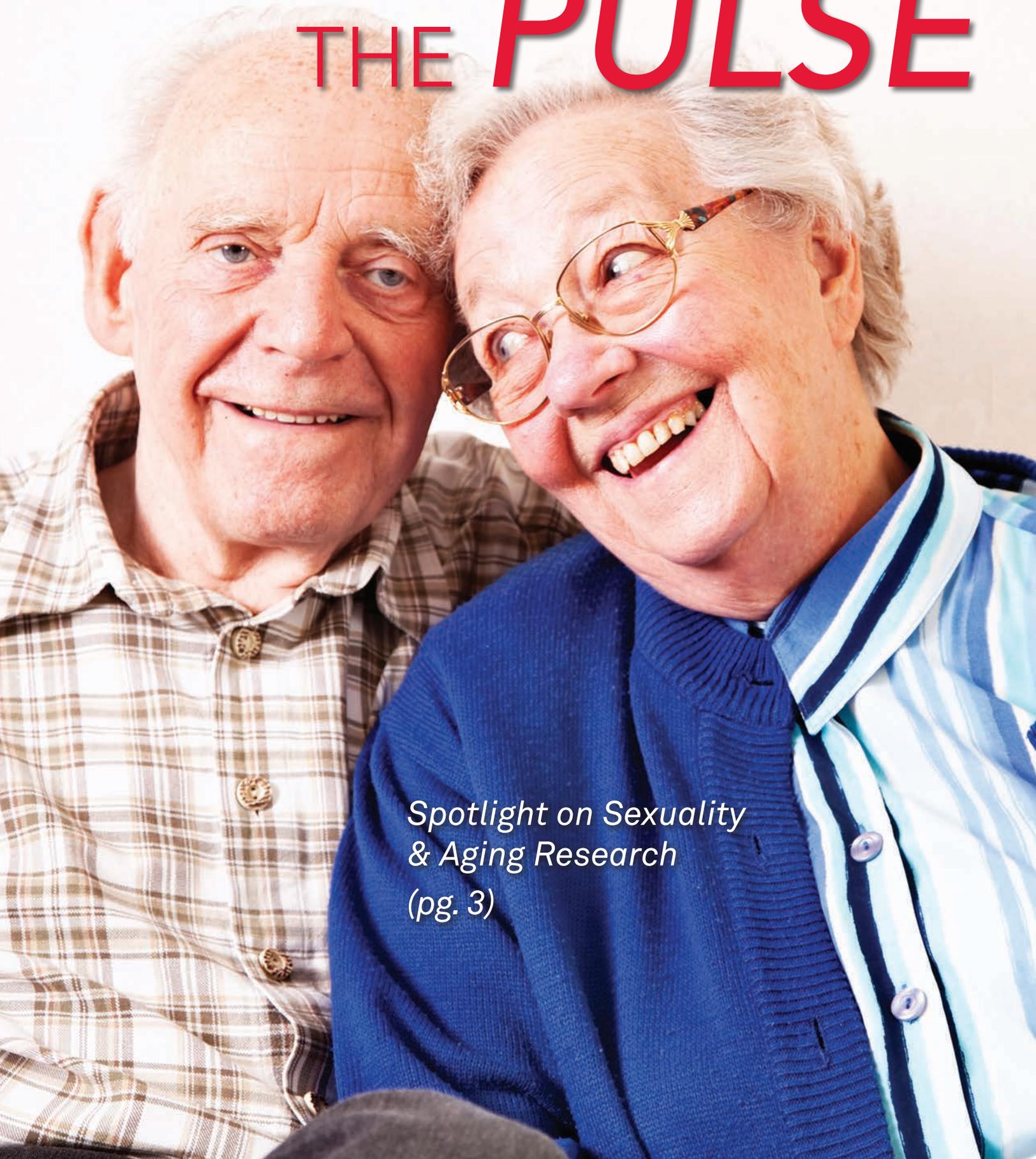




Fairfield University

School of Nursing

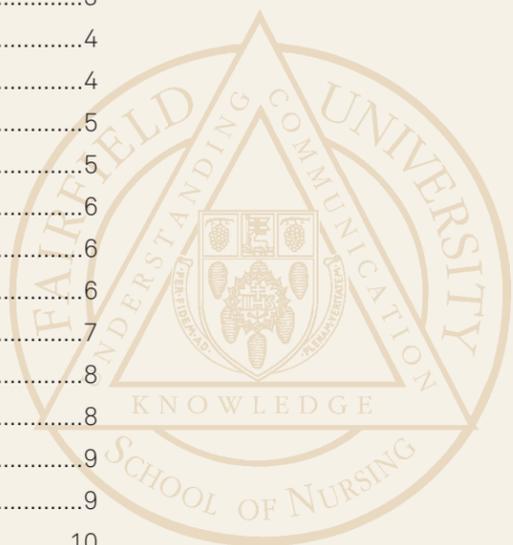
THE **PULSE**



*Spotlight on Sexuality
& Aging Research
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Message from the Dean



It is hard to believe that my first year as dean for the School of Nursing is complete. It has been an exciting year working together with our extraordinary faculty, staff and students! We continue to pave the way with new, innovative cutting-edge ideas, attracting remarkable students with the drive, conviction, and commitment to be exceptional caregivers, clinicians, researchers, and educators. The SON faculty and students continue to receive honors and awards for their achievements. I am delighted in this issue of *The Pulse* to highlight some of these accomplishments.

In the School of Nursing, we not only offer high quality educational programs at the undergraduate and graduate level, but continue to develop new and innovative programs to meet the complexity of the healthcare system. Our new Master's in Nursing – Nursing Leadership (LEAD) and Doctorate of Nursing practice program option for nurse executives, for example, were developed in collaboration with our community partners to broaden the knowledge and skills advanced practice nurses need to be effective leaders and change agents for the future.

Today's mandate for interprofessional education and collaboration is the cornerstone of the Nursing and Health Science Initiative: Advancing Knowledge and Improving Care (see pg. 4). You will read about the ongoing work of a dedicated group of interprofessional colleagues across the Fairfield campus whose commitment to the ideals of a Jesuit education undergird this exciting new initiative.

Leading a school of nursing is, every day, a challenge and a joy. The dean's work is to create an environment and mobilize the resources necessary to support faculty and students in achieving their goals. The teamwork and collaboration within the SON and with colleagues across the University make this an easy job. This teamwork and spirit of collaboration will be useful as we begin working with architects and colleagues across campus to design innovative new spaces for the SON that support cutting edge nursing and health science education. Look forward to seeing the designs as they are developed. We will need your help in making this a reality.

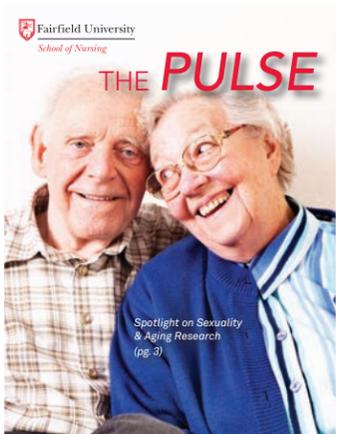
Lynn Babington

Lynn Babington Ph.D., RN
 Dean and Professor, School of Nursing

Spotlight on Sexuality & Aging Research

By Meredith Wallace Kazer, Ph.D., APRN, FAAN

A 36 percent increase in the older adult population is expected by the year 2020, from approximately 35 million in 2000 to an expected 55 million older adults. If an individual lives until the age of 65, he or she can be expected to live almost another 19 years to the age of 84 (Profile of Older Americans, 2010). As the population of older adults has increased, more attention has been focused on their needs. While there is a common myth that older adults cease their sexual existence as a result of the aging process, research supports that sexuality is a continuing human need, common to all people throughout the lifespan. Even when the loss of partners or health issues prevent older adults from participation in sexual relationships, sexual identity remains robust throughout all years of life. Sexuality extends beyond sexual intercourse to include the fulfillment of sexual desires in varied and diverse ways.



As the population continues to age, the need to provide effective assessment and management of sexual health issues for the older population is essential. The availability of improved research instruments focused on the sexual health of older adults will greatly aid this process. When researchers at Fairfield University, in conjunction with clinical partners, identified the lack of instruments to aid in the assessment and management of the sexual health of the older population, they undertook to develop such an instrument. The Geriatric Sexuality Inventory (GSI) was developed through an exhaustive review of literature and the expert advice of an interdisciplinary panel of gerontological experts. This process resulted in an eight dimension, 34-question instrument that was administered to a small sample of older senior center members. Analysis of the results of the pilot study support good content validity as well as internal consistency and test-retest reliability. Full results of the instrument will appear in the special issue of the *Journal of Gerontological Nursing* this fall, edited by the author. Further testing of the instrument is planned in order to refine and expand it for use in clinical practice. It is anticipated that the contribution of this instrument to the evolving body of gerontological nursing care will result in improved assessment and management of sexual health issues among older adults across care environments.

Despite the presence of sustained sexual identity throughout the lifespan, older adults enter their later years with a variety of normal aging changes and health problems that impact their ability to sexually function and maintain quality of life. Changes to both men and women anatomically and physiologically impact sexual practices that may have been established earlier in life. Common diseases of aging such as arthritis, heart disease, diabetes, and depression further impact sexual health. In addition, the medications used to treat these diseases may also impact sexual health and functioning.

Nurses working throughout various care environments play an important role in helping older adults to maintain sexual health and well-being. Sexual health and functioning has been considered among the normal health patterns that nurses assess and manage for patients throughout the lifespan. However, unlike other health patterns such as nutrition, sleep, or elimination, the sexual health pattern often gets less attention. This lack of attention to important issues of sexual health among older adults is likely rooted in society's discomfort discussing intimate sexual issues, and a lack of education and clinical experiences in assessing and managing sensitive sexual health issues.



Members of the Student Nurses' Association sold T-shirts and bracelets to raise money for the Jessica Rekos playground at Penfield Beach. The playground was built in memory of Jessica Rekos, one of the victims of the Sandy Hook shootings. Her mother, Krista, is a Fairfield graduate and classmate of SON Lab Director Anka Roberto '99.

Advancing Knowledge and Improving Care: Integrating Nursing and Health Sciences

By Lynn Babington, Ph.D., RN

The initiative to integrate nursing and health sciences leverages Fairfield University's strengths in nursing education; facilitates innovative links with business, engineering, graduate education, social sciences, and humanities; and demonstrates Fairfield's commitment to cross school collaboration in teaching, research and practice.



Integrated Nursing & Health Sciences Initiative

With the growth in the healthcare industry, it is likely that many college graduates will work in healthcare at some point in their careers, whether it be in direct services, marketing, business, communications, biotechnology, information services, or education. For that reason, it is important that students have the opportunity to increase their understanding of the healthcare sector, develop basic health literacy, and develop the skills to work effectively on teams.

For nursing students, we must respond to the mandate for interprofessional health education, training, and practice. We strive to be leaders in developing a model of education that teaches students the skill sets demanded to meet urgent health priorities. These skills include systems thinking, teamwork, communication, and finance. We want to develop a national reputation for innovative teaching/learning and research focused on health issues.

This initiative will provide interdisciplinary education experiences for:

1. Nursing students, learning the skills to be effective team members and team leaders
2. Students in the health professions program with a broad perspective of the healthcare industry and inter-professional issues which will be value added when they apply to graduate health professions schools
3. Interdisciplinary groups of students to learn together and conduct research on important health issues, thus providing them with the experience of working on teams using innovative approaches to addressing real life health problems

Co-facilitators for the initiative are **Dr. Eileen O'Shea**, School of Nursing, and **Dr. Brian Walker**, biology.

One of the signature programs being launched is The Health Science Scholars Program, which teams an interdisciplinary group of undergraduate students with an interdisciplinary faculty team to work together for two years on a collaborative research project focused on a health-related problem. The first faculty Health Science Scholars are **Dr. Alison Kris**, nursing and **Dr. Linda Henkel**, psychology.

Noted Speaker to Come to Fairfield

Afaf Meleis, Ph.D., FAAN, of the University of Pennsylvania (UPenn) School of Nursing, will speak at Fairfield's Quick Center for the Arts on Wed., November 13 at 6 p.m. Her talk, *Interprofessional Education: A Mandate for the Future*, is free and open to the public. Dean Lynn Babington cordially invites anyone interested to this very special event.



The cornerstone of today's solid nursing education is interdisciplinary learning, with the aim of giving nursing students the skills to navigate within the fields of technology, statistics, business, and humanities and deliver the highest possible care to patients. Dr. Meleis will discuss new directions in nursing education in light of the country's rapidly changing healthcare environment.

Dr. Meleis, the Margaret Bond Simon Dean of Nursing at UPenn, graduated magna cum laude from the University of Alexandria (Egypt), then went on to earn an M.S. in nursing, an M.A. in sociology, and a Ph.D. in medical and social psychology from the University of California. Her scholarship is focused on global health, immigrant and international health, women's health, and on the theoretical development of the nursing discipline. She is the author of more than seven books, 175 articles in social sciences, nursing, and medical journals, and over 40 chapters. During her time as dean at UPenn, the nursing school has nearly tripled its endowment and increased enrollment by 57 percent.

Reservations are required; please contact the Quick Center Box Office at (203) 254-4010.

School of Nursing Introduces Executive DNP

Several years ago, the School of Nursing launched the Doctor of Nursing Practice (DNP) program, a clinical degree in an advanced specialty of nursing practice, such as anesthesia, family, or psychiatric nurse practitioner.

Building on the success of that program, the School introduced an Executive DNP (EDNP) in September, designed for current nurse leaders who are seeking a terminal degree while remaining in a leadership role within a hospital or healthcare agency.

The EDNP is not a clinical degree, notes Dr. Lynn Babington, dean of the School of Nursing. Though the program is based on a DNP core, "content focuses on executive leadership skills, fiscal and human resource management and emerging technology to ensure that the best science is brought to the patient's bedside," she says. Students will study systems management, evidence-based practice, informatics, research translation, and health policy. The EDNP will expand the graduate's career opportunities, from executive leadership

to health policy development, teaching, research, and management.

The three-year, cohort program will be delivered online in a hybrid format. Dr. Meredith Wallace Kazer is the program director.

Over the years, healthcare needs and delivery have become increasingly complex, and additional knowledge in non-nursing subject areas has been identified as necessary in order to improve patient outcomes and give nurses the tools needed to take on leadership roles within the healthcare team. For that reason, The American Association of Colleges of Nursing voted to transition all practitioner programs to the DNP level by 2015.

"Our EDNP program provides practicing nurse leaders with the skills and tools to be change agents and highly successful executives in the healthcare system," says Dr. Babington.

Nursing Down Under

"Healthcare today is approached from a global perspective," notes Dr. Joyce Shea, associate professor of nursing. "The issues nurses see in this country are influenced by global issues, and our nurses need to have the skills to care for those of all different backgrounds."

Clearly, Drs. Shea and Sheila Grossman are excited about the project that they are finalizing: adding Australian Catholic University in Brisbane, Australia to the list of study abroad sites which can meet the demanding needs of the undergraduate student curriculum. Drs. Shea and Grossman spent a week down under in May, reviewing curriculum and clinical plans with their peers half a world away. "We also met with administrators and staff at The Prince Charles Hospital in Brisbane and at The Royal North Shore Hospital in Sydney and toured units in their mental health, medical-surgical, and critical care departments," said Dr. Grossman. Students who study in Brisbane will have an acute care medical-surgical clinical experience at The Prince Charles Hospital.

Study abroad opportunities for nursing students are far more difficult to finalize than those for liberal arts students. "It's taken two or three years to work out the details for Australia," explains Dr. Shea. "We need to determine what courses our students will take during their semester away, and how those courses will match with what their classmates are taking here in order to keep them on track. It requires very careful planning to meet the demands of our accreditation

and to pass the NCLEX exam."

Adding Brisbane, Australia to the other



SON-approved study abroad sites— Galway, Ireland and Managua, Nicaragua – is just one part of the collaboration. "After meeting with faculty, deputy heads of School of these two ACU branches, directors and staff of the National Centres for Clinical Outcomes Research in Brisbane and Sydney, it seems future connections for collaborative research between faculty and graduate students are in process," said Dr. Grossman.

While in Australia, Dr. Shea presented *Integrating Recovery Principles in Undergraduate and Graduate Psychiatric Nursing Curricula* and Dr. Grossman presented *Developing Nurse Leaders and Mentors for The Future*, and they co-presented *Post Graduate Nursing Education in The United States*. These lectures were video-streamed throughout the various branches of Australian Catholic University. They also participated in an evening meeting at the United Service Club of Brisbane honoring the Australian nurses who died on the ship, *Centaur*, off the coast of Australia in World War II.

MSN Fully Enrolled

The strong call for new models of inter-professional collaboration in education and practice played a substantial role in the development of the new Master's in Nursing Leadership (LEAD) program. The program was designed by faculty under the direction of Dr. Sally Gerard and with the generous support of a \$200,000 grant from the Kanarek Family Foundation. The LEAD program is enrolled to full capacity.

Fairfield University's **Master of Science in Nursing - Nursing Leadership** is an advanced education, nurse generalist degree created in response to an urgent call for better patient outcomes and improved coordination in the delivery of healthcare services. This is the perfect degree for graduate nurses who do not wish to be nurse practitioners, but do want to maximize career options. Career options include management, clinical nurse leaders, nurse navigators, care coordinators (trauma, stroke), hospital education, adjunct clinical faculty, quality improvement, risk management, and a variety of newly emerging roles.

Fairfield offers two tracks within the Nursing Leadership program:

- Clinical Systems Leadership
- Integrated Healthcare Leadership

The LEAD program offers a strong focus on informatics, healthcare leadership and global issues of healthcare.

Spotlight on our Preceptors

Cheryl Anderson, Danbury Hospital

As part of Danbury Hospital's cardiology team, Cheryl Anderson, Ed.D., APRN, can be found in any one of five different locations in a given week, from the hospital to clinics and satellite sites in the area. But one thing has been consistent: her commitment over the last seven years to the Fairfield nurse practitioner students who work with her in her role as preceptor. It's a role that requires open communication with students, the ability to evaluate performance and provide constructive feedback, and sometimes a healthy dose of nurturing.

"Many go on to work in cardiology practices because of their rewarding rotation with her" says Dr. Sheila Grossman, professor of nursing. "Students always maximize their goals and obtain excellent clinical experience with Cheryl, and many go on to work in cardiology practice because of their rewarding rotation with her."



Welcome New Faculty!

Catherine Sumpio, Ph.D. comes to Fairfield from Yale New Haven Hospital, where she was a policy and procedure coordinator. An oncology nurse with over 25 years experience, Dr. Sumpio earned her MSN and Ph.D. from Yale. Her dissertation focused on the treatment complexity, coping and psychological distress in those with advanced cancer diagnoses.

As a nurse practitioner, **Kathryn E. Phillips, NP, Ph.D** provided medical care to acutely ill psychiatric patients at McLean Hospital (Mass.), most of whom were suffering from PTSD, substance use disorders, psychosis, or eating disorders. Phillips earned her MSN from Boston College in 2010, focusing on adult and geriatric health, and earned her Ph.D. in 2013.

Kathleen Lovanio, APRN is no stranger to Fairfield University, where she earned both her MSN and her post-master's certificate. Since 2008, she has been an assistant professor with the VA Nursing Academy, instructing, supervising, and evaluating Fairfield second degree nursing students. She is also the project coordinator for Fairfield University's Health Promotion Center in Bridgeport.

Geraldine M. Chalykoff, Ph.D. has spent much of her career in academia. She earned her Ph.D. from the University of Rhode Island, and has particular expertise in the management of individuals with diabetes. She joins the Fairfield faculty as a visiting professor.

A summa cum laude graduate of Fairfield University's nursing program, **Jenna LoGiudice, MSN, CNM** went on to earn her master's degree in nurse midwifery from Yale in 2008, and is on track to finish her Ph.D. in 2014. She worked in private practice for two years, providing obstetric and gynecologic care to a diverse socioeconomic population, and has taught for three years in Fairfield's graduate nursing program. She is a member of the visiting faculty.

Katherine Hayes Saracino '88, MSN, has been a clinical instructor for Fairfield undergraduates for seven years, where she has educated students on health assessment, nursing therapeutics, geriatrics, and communication. She was formerly the national director of the Wound and Ostomy Program in West Orange, N.J.

With her freshly-earned DNP in hand, **Karen Burrows, BSN, CCRN**, joins the faculty after 20 years in hospitals. She worked as a nurse manager in the Labor and Delivery floor of Bridgeport Hospital, and as coordinator of Organization Development Education and Allied Health prior to that. She was a critical care instructor at both Bridgeport Hospital and the VA hospital in West Haven, Conn.

A Salute to Dee Lippman: Retiring after 33 years on the Fairfield faculty



Dee Lippman served in a M.A.S.H. unit in Japan during the Vietnam War.

wounds," she said. "These men were about 19 years old. They saw the nurses as their big sisters. They poured out their hearts to us. We didn't use the term PTSD at the time, but many were certainly suffering from trauma."

"Dee was new to the faculty, and I was creating a video to incorporate into our classes. I asked pony-tailed Dee to portray a student at the health center. That black-and-white, VHS video was quite something—she as a hysterical, injured student who couldn't make the big dance, and me as the frustrated nurse!"

Carole Pomarico, M.A.

Dr. Lippman came to Fairfield University in 1980 after earning her doctorate, under the GI-Bill, from Columbia University. She was just one of two psychiatric nursing faculty. It was during her first clinical assignment with nursing students at the West Haven VA that she reconnected with her fellow soldiers who were at that time suffering from undiagnosed PTSD.

"I had allowed myself to believe that everyone we sent home [from Vietnam] was OK," she admits. "But because of the attitudes at home about the war, a lot of these men felt shamed, they chose to hide their service. They were treated as misfits, and the treatment they received [for their emotional needs] was marginal."

Following in the footsteps of her great aunt Carol, a World War I nurse, Doris (Dee) Troth Lippman joined the Army after graduating with a BSN from Cornell.

From 1967-1968, during the Vietnam War, she served as a captain in a Japanese evacuation hospital. "The army assigned me to a surgical/orthopedic unit, but my job ended up being more than caring for physical

From that profound experience, Dr. Lippman began her journey to honor and care for all veterans. She was instrumental in the creation of a Vietnam Women's memorial, erected on the mall in Washington, D.C. in 1993. She is on the Board of Homes for the Brave, an organization that provides transitional housing for homeless veterans. In 2007, The School of Nursing, in partnership with the West Haven VA hospital, received a \$40 million, five-year grant from the U.S. Department of Veterans Affairs in an initiative to educate more nurses to care for the veteran population. Dr. Lippman was co-director of the program.

"As a new assistant professor, I was struggling with getting pieces of my dissertation published. Dee was going to the Sigma Theta Tau annual conference, and she suggested I develop a poster that she would present for me. When she returned, she handed me a business card from the editor of a high impact nursing journal. 'He wants to publish your poster, so write it up,' she said."

Meredith Kazer, Ph.D.

Dr. Lippman has been awarded an honorary Military Order of the Purple Heart for her service to veterans, and the Carol Daisy Award for her support and service to the Connecticut Nurses Association. In 2005 she received what is considered one of nursing's highest honors when she was inducted as a Fellow into the American Academy of Nursing. Five years later, she was inducted into the Connecticut Veterans Hall of Fame by then-Governor Jodi Rell.

Though she has announced her plans to retire from teaching at the end of the 2013-14 academic year, Dr. Lippman plans to continue her work with veterans. "We need to look at what is provided for veterans and how it is provided. We need innovative ways of preventing suicide, to provide outreach that engages," she says.



President Bill Clinton congratulates Dr. Lippman after the dedication of the Vietnam Women's Memorial, 1993.

Jennifer Delsole Gets the Lead Out

Jennifer Delsole '13 had a few must-haves on her list when she began checking out colleges: the first was a good, solid nursing program, the second was a campus that was small and personal. "Fairfield turned out to be the perfect fit for me," said the East Haven, Conn., native.

A solid academic standing in her sophomore year allowed Delsole to apply for a Corrigan Scholarship, named for Gerald Corrigan '63, for students in the sciences who do research with a faculty mentor. Delsole worked with Dr. Eileen O'Shea on a project to educate children about the dangers of lead paint. "In the beginning, I investigated articles related to lead poisoning, prevention, and education," she recalls. With the information gleaned, they implemented a puppet show originally developed by the Missouri Department of Public Health and took it on the road to preschools in the nearby cities of Bridgeport and West Haven.

"Homes that used lead paint years ago continue to pose a risk for children today," explained Delsole, noting that Bridgeport has the highest rate of lead poisoning in the state. "As the lead paint begins to deteriorate, the contaminated lead dust can be inhaled. Lead poisoning can result in developmental delays and damage to the central nervous system and can decrease a person's function for the rest of his or her life."

In the second phase of the project, Delsole worked with Dr. O'Shea, Dr. Tess Deshefy-Longhi and an education expert to develop an assessment tool that allowed the nursing team to measure the effectiveness of the lesson a week after each presentation. The results were statistically significant, she says, indicating that the educational program had a real effect on the preschooler's knowledge concerning lead poisoning prevention.



Jennifer Delsole at the National Society for Pediatric Nursing, with mentor Dr. Eileen O'Shea

Delsole's work on the project culminated in an award from Mu Chi, the Fairfield chapter of Sigma Theta Tau International Honor Society of Nursing, which in turn led to two presentations, one at the state level and another at the National Society for Pediatric Nursing in Nashville, TN. "I don't think there were any other undergraduates presenting, and Jenn was able to speak to every aspect of the project," said Dr. O'Shea.

The opportunity to spend two years on a research project and then present at a national conference made her undergraduate education unique, said Delsole. "Everyone in nursing school has the same classes, same experiences, and I can truly say that I did something different."

Delsole passed the NCLEX exam this summer, then began work on the telemetry unit at the VA Hospital in West Haven, Conn. Eventually, she plans on becoming a nurse practitioner.

Grad Student Angela Chlebowski: Changing Directions

In the midst of taking courses in her FNP program, Angela Chlebowski was in a quandary. "I felt that the family track was a mistake for me, and found I was really interested in genetics and exploring the use of genetics in medicine."

As luck would have it, Dr. Meredith Kazer heard about a conference co-sponsored by the Vatican and the Stem for Life Foundation. The conference, Regenerative Medicine—A Fundamental Shift in Science and Culture, invites student ambassadors, as they will be "messengers to the next generation of the paradigm shift occurring in medicine." These student ambassadors might be future nurses, physicians, bioethicists, bioengineers, journalists, or religious. The 25 or so ambassadors met in Rome last April to learn about and discuss the advances in adult stem cell therapies, an area of stem cell research that,

unlike embryonic stem cell research, is applauded by the Vatican. The conference seemed tailor-made for Chlebowski's interests.

"We met a child with a new esophagus [generated with adult stem cells], and a young girl with a degenerative disease that left her unable to walk, or manipulate her fingers to text," said Chlebowski. "After therapy, she's walking, in college, and leading normal life." Diseases in research include rheumatoid and juvenile arthritis, multiple sclerosis, anemia, liver disease, and many forms of cancer.

Now more sure than ever of the direction she plans to pursue, Chlebowski has switched to the integrated healthcare leadership track in the Nursing Leadership program, and is speaking at a nursing conference on adult stem cell therapies this fall.

Babington Receives Prestigious Nurse Fellowship

Robert Wood Johnson Foundation Executive Nurse Fellows Program Provides Leaders with Professional Development, Coaching, Education



Lynn Babington, Ph.D., RN, dean and professor, has been named one of just 20 Robert Wood Johnson Foundation (RWJF) Executive Nurse Fellows for 2013. Dr. Babington joins a select group of nurse leaders from across the country chosen to participate in this world-class, three-year leadership development program designed to enhance nurse leaders' effectiveness in improving the United States healthcare system.

Prior to joining Fairfield in 2012, she was the assistant dean for graduate programs at Northeastern University in Boston where she led the development of the Doctorate of Nursing Practice (DNP) program and served as its first director. She also developed a non-profit business partnership and strategic alliance between two community health centers in Boston. Since 2000, she has been president of an international volunteer organization, Intercultural Nursing, Inc., providing healthcare to people in rural communities in the Dominican Republic and Haiti. She is a former Fulbright scholar.

Begun by RWJF in 1998, the RWJF Executive Nurse

Fellows (ENF) program strengthens the leadership capacity of nurses who aspire to shape healthcare in their communities, states and nationally. The program will provide Dr. Babington and her colleagues with coaching, education and other support to strengthen their abilities to lead teams and organizations working to improve health and healthcare.

"Being selected as a Robert Wood Johnson Foundation Executive Nurse Fellow is a wonderful opportunity to continue developing my leadership skills at the national level, and to identify ways to strengthen nursing education and support interprofessional health education," Dr. Babington said. "Most nurse education takes place outside of academic medical centers, so we face a challenge and need to be creative to ensure that nurses are well-prepared to be leaders on interdisciplinary healthcare teams. In particular, I look forward to sharing the experiences of this fellowship with the 19 Jesuit schools of nursing around the country. I am in a unique position to do that."

Executive Nurse Fellows hold senior leadership positions in health services, scientific and academic organizations, public health and community-based organizations or systems, and national professional, governmental and policy organizations. They continue in their current positions during their fellowships, and each develops, plans, and implements a new initiative to improve healthcare delivery in her or his community.

School of Nursing to receive Spotlight Award

Fairfield University will be honored with a 2013 Senator Paul Simon Spotlight Award for creating an international program that is benefitting a community in Nicaragua and educating both Nicaraguan and Fairfield students.

"Our work in Nicaragua epitomizes one of the best aspects of a Fairfield education," says Lydia Greiner, APRN, MSN, assistant professor, who submitted the application that described the ongoing collaboration among Fairfield's nursing students, Nicaraguan social work students, and community members, to address health concerns. The endeavor springs from a collaborative agreement signed in 2004 between Fairfield and the Jesuit-run Universidad Centroamericana (UCA) in Managua.

The award will be presented by NAFSA: the Association of International Educators, at an event in Washington, D.C., later this year. Named for the late Sen. Paul Simon of Illinois, the awards recognize outstanding and innovative achievements in integrating international education on U.S. college campuses.

The public health nursing work in Nicaragua has addressed a variety of health issues, including HIV/AIDS awareness, cardiovascular health, and hygiene. Each project is carried out by Fairfield's nursing students, led by Greiner, working with UCA social work students and community leaders with assistance from UCA students in the Teaching English as a Second Language program. Fairfield's nursing students participate as part of their clinical experience for Public Health Nursing, a service-learning course.

Dean Lynn Babington said international experiences broaden students' thinking and prepare them to be global citizens.

"We are very proud of the project Lydia and colleagues have developed and are committed to its continued growth and success," Dr. Babington said.

The Fairfield-UCA partnership also involves the exchange of undergraduate students between the two schools.

Faculty Accomplishments

Books

Clinical Nurse Leader Certification Review (2013). King, C. & **Gerard, S.** (Eds).

Grossman, S. (2013) *Mentoring in Nursing: A Dynamic and Collaborative process*. 2nd ed.

Grossman, S. & Valiga, T. (2013). *The New Leadership Challenge: Creating a Preferred Future for Nursing*. 4th ed.

Kazer, M. W. & Neil-Boylan, L. (2012) *Case Studies in Gerontological Nursing for the Advanced Practice Nurse*. Ames: Wiley-Blackwell Publishing. **Winner of the American Journal of Nursing Book of the Year Award.**

Book Chapters

The following were published in *Simulation Scenarios for Nurse Educators: Making it REAL*, Campbell, S.H. & Daley, K. (Eds) (2012).

Grossman, S. The Older Adult in an ICU with Acute Respiratory Failure

Mager, D. Home Care Patient with Elevated Blood Sugars.

Mager, D. and Lange, J. Post Operative Care Following an Appendectomy.

Daley, K, Campbell, S., and **Mager, D.** Building a Learning Resource Center.

Kris, A. Care of an Older Adult with Congestive Heart Failure.

O'Shea, E. R. Care of the Infant with Congenital Heart Disease Status Post Cardiac Surgical Repair.

O'Shea, E. R. & DeValk, J.A. Pediatric Emergency.

Gerard, S. Health Promotion, Disease Prevention, and Injury Reduction. *Clinical Nurse Leader Certification Review*. King, C., Gerard, S. Eds.

Gerard, S. Ethical Considerations for Clinical Nurse Leaders. *Clinical Nurse Leader*.

Kazer, M.W. & Bailey, D.E. (2012) Psychosocial Aspects of Active Surveillance. *Active Surveillance*. (L.Klotz Ed).

Kazer, M.W. Sexuality. *Geriatric Nursing Protocols for Best Practice* 4th Edition (Boltz, M., E. Capezuti, T.T. Fulmer Zwicker, D., M. O'Meara, A. & Eds.)

Mager, D. (2012). Living Safely in the Community. In J. Lange (Ed). *The Nurse's Role in Promoting Optimal Health of Older Adults: Thriving in the Wisdom Years*.

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O'Shea, E. R. & Kanarek, R. B. Understanding Pediatric Palliative Care. *Journal of Pediatric Oncology Nursing*.

O'Shea, E. R., Pagano, M., Campbell, S. H., & Caso, G. A Descriptive Analysis of Nursing Student Communication behaviors. *Clinical Simulation in Nursing*.

O'Shea, E.R., Shea, J., Robert, T., & Cavanaugh, C. Needs of Siblings of Children with Cancer: A Nursing Perspective. *Journal of Pediatric Oncology Nursing*.

Alicea-Planas, J., Neafsey, P.J., & Anderson, E. Using Technology to Enhance Patient Visits: the Nurse Practitioner Perspective. *Journal of Communication in Healthcare*.

Mager, D., Campbell, S. Home Care Simulation for Student Nurses: Medication Management in the Home. *Nurse Education Today*.

Lange, J., **Mager, D.**, Andrews, N. The ELDER Expansion Project: Building Cultural Competence. *Applied Nursing Research*.

Mager, D., and Ross, M. Medication Management at Home: Enhancing Nurse's Skills and Improving Patient Satisfaction. *Journal of Community Health Nursing*.

Mager, D. Orthostatic Hypotension: Pathophysiology, Problems and Prevention. *Home Healthcare Nurse*.

Mager, D. Emergency Preparedness: How Hurricane Irene Caught my Community Unprepared. *Home Healthcare Nurse*.

Egunkike, V. **Gerard, S.** The Impact of Point-of-Care A1c Testing on Provider Compliance in a Primary Setting. *The Diabetes Educator*.

Gerard, S., Godfrey, M., **Grossman, S.** Course Strategies For Clinical Nurse Leader Development. *Journal of Professional Nursing*.

McLaughlin, T., Wittstein, E., White, T., Czaplinski, C., and **Gerard, S.** Moving To Wellness: A Pilot Study Examining a Nurse-Driven Exercise Program in Acutely Ill Patients With Cancer. *Journal of Clinical Oncology Nursing*.

Gerard, S. Grossman, S. & Godfrey, M. Course Strategies For Clinical Nurse Leader Development. *Journal of Professional Nursing*.

Gigliotte, E. & **Manister, N.** A Beginner's Guide to Writing the Conceptual Framework using a Nursing Conceptual Model. *Nursing Science Quarterly*.

Conelius, J. The Development, Refinement and Psychometric Testing of the Attitude toward Advanced Directive Survey in Implantable Cardioverter Defibrillator Patients. *Journal of Cardiovascular Nursing*.

Conelius, J. Deforge, W., Pittaro, M., Kröll, M. Programming of the Individual Phases of the Defibrillation Waveform to Achieve an Adequate Defibrillation Safety Margin. *EP Lab Digests*.

Funded Projects

Gerard, S. & Kazer, M.W. (co-PIs) *Innovation in the Master's of Science in Nursing Program: A Global Approach*. (2013 -15) Kanarek Family Foundation, \$200,000.

Grossman, S. Co-Investigator, *The Art of Seeing: Enhancing the Observation and Diagnostic Skills of Graduate Nursing Students* (2013). Daphne Seybolt Culpeper Memorial Foundation, \$7,000.

Kazer, M.W. (PI). *Primary-Care Outcome Valued Initiative for Delivery of Education* (2012-15). HRSA, \$700,000.

Kazer, M.W. (PI). *Aging and Sexual Health: An Exploration of Experiences and Concerns* (2013). Fairfield University Institutional Research Grant, \$1,000.

Kazer, M.W. (PI). *Validity and Reliability of the Geriatric Sexuality Inventory* (2012). Foundation for the Scientific Study of Sexuality. \$1,000.

Moriber, N. (PI). Nurse Anesthesia Traineeship Grant, \$17,285.

O'Shea, E. (PI). *Pediatric Palliative Care: Assessing Comfort in Children*. Funded by the Carroll Family (2008-13). \$50,000.

O'Shea, E. (PI). *Nursing Curriculum Integration: Pediatric/Adolescent Cancer Palliative Care Project* (2008-13) Kanarek Family Foundation, (\$50,000) and the Daphne Seybolt Culpeper Foundation (\$15,000).

Shea, J. (PI) *Mental Health Nursing Curriculum Development: Understanding a Vulnerable Population* (2009-14). Daphne Seybolt Culpeper Foundation, \$14,712.

Wheeler, K. (PI). *A Randomized Clinical Trial of EMDR, Supportive Psychotherapy and CBT in a Relapse Prevention Program for Sex Offenders* (2012-14). EMDR Research Foundation, \$10,000.

Honors/Awards

Babington, L. Robert Wood Johnson Executive Nurse Fellow

Chaplick, S. Jonas Veteran Healthcare Program Ph.D. Fellow

Conelius, J. Fellow in the Heart Rhythm Society

Greiner, L. Senator Paul Simon Spotlight Award: Building a Sustainable International Partnership

Grossman, S. Fellow in the American Academy of Nursing

Kazer, M. American Nurses Associate Book of the Year and CT Nurses' Association Virginia A. Henderson Award for Outstanding Contributions to Nursing Research.

Murphy, M. National Nurse Educator: Nurses Touch Award

Pomarico, C. Connecticut League for Nursing: Jane E. Merdock Life Long Learning Award

Quell, T. Faculty Fellow, 2013 Collegium

Student Achievements

Last spring, 275 undergraduate SON students made the dean's list, and 26 of them earned a 4.0. Congratulations to the 51 SON students who were inducted into the Sigma Theta Tau International Nursing Honor Society in 2013.

We salute our SON award winners!

Undergraduate Student Awards:

The Connecticut League for Nursing Peer Recognition Award: **Victoria Wischhusen**

Fairfield University Student Achievement Awards: **Courtney Onofrio, Morgan Zachary**

Campus Ministry Leadership in Mission: **Marissa Simeone**

Elizabeth K. Dolan Award: **Hope Beiswanger**

Excellence in Geriatric Nursing Award: **Megan Powers**

Phyllis E. Porter Achievement Award: **Jessica Morcone**

School of Nursing Pin Award: **Jenna Goldbach, Jennifer Yoo**

Scholastic Achievement Award: **Courtney Onofrio**

Scholastic Achievement Award, RN-BSN: **Linda Spinetti, Virginia Millien**

Spirit of Nursing Award: **Regina Walker**

Mu Chi Student Performance Award: **Jennifer Delsole**

Graduate Student Awards

Outstanding Scholastic Achievement, MSN Program: **Patricia Noelle Borrelli, Erin Lynn Radocchia**

Outstanding Scholastic Achievement, DNP Program: **Brian O'Neill**

Student Service Award: **Loretta Murphy**

St. Ignatius Loyola Medal: **Loretta Murphy**

Agatha Hodgins Memorial Award for Academic Excellence: **Julie Espino**

Bridgeport Anesthesia Awards for Clinical Excellence and Professionalism: **Jeremy King, Nancy Wallick**

Commencement speaker: **Erin Lynn Radocchia**

UPCOMING EVENTS

Sat., Oct. 26.

8:45 a.m. – 1 p.m.

School of Nursing Open House for high school students interested in nursing. Meet at the Quick Center.

To register, contact the Office of Admission:
(203) 254-4100 or
admis@fairfield.edu.

Wed., Nov. 13 at 6 p.m.

Dr. Afaf Meleis,
“Interprofessional Education: A Mandate for the Future.”

Call the Quick Center to reserve your free ticket:
(203) 254-4010.



School of Nursing

1073 North Benson Road
Fairfield, CT 06824-5195

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New DNP graduates