Plan Your Path
from the
Office of Career & Professional Development

**First Year**

- Sign up for the Leadership & Professional Development Program on Life@Fairfield
- Get involved on campus – join Clubs or Organizations, participate in service, or play intramural sports
- Apply for a Stags in the Field Internship, these are on campus internships for 1st & 2nd year students
- 2nd Semester make an apt with CAS Career Staff by calling the Dean’s Office at x2227
- Sign up for Sophomore Success for Fall of Sophomore Year
  - Email CASCareers@fairfield.edu for more information

**Sophomore Year**

- Make an apt with CAS Career Staff call Dean’s Office at x2227
- Participate in Sophomore Success - Fall or Spring
- Apply for a Stags in the Field Internship, these are on campus internships for 1st & 2nd year students
- Explore various careers by attending industry panels, networking, and by researching careers online
- Take Career Assessments to learn more about themselves – MBTI, Strong Interest Inventory or CliftonStrengths for Students
- Work towards a leadership position on campus (NSL, RA, Clubs/Organizations, Service, or Sports)
- Attend the Career & Internship Fair in the Fall and Spring
- Apply for internships or relevant work experience for the summer before Junior year
- Explore internship opportunities abroad

**Junior Year**

- Have their resume reviewed by CAS Career Staff
- Acquire at least one internship or relevant work experience before senior year (credit, non-credit, or during study abroad)
- Practice interviewing skills by meeting with a CAS Staff member or participating in Mock Interview Day
- Build and maintain your personal network
- Attend all relevant career events or panels
- Develop and update a LinkedIn Profile
- Sign up for the Alumni Job Shadow Program Sept/Oct
- Attend the Career & Internship Fair
- Prepare for entrance exams

**Senior Year**

- Know the recruiting cycle for career interests – some positions recruit in Fall, majority will be in the Spring
- Have their resume reviewed by CAS Career Staff
- Acquire at least one internship or relevant work experience before graduation (credit, non-credit, or during study abroad)
- Practice interviewing skills by meeting with a CAS Staff member or participating in Mock Interview Day
- Build and maintain your personal network
- Attend all relevant career events or panels
- Develop and update a LinkedIn Profile
- Sign up for the Alumni Job Shadow Program Sept/Oct.
- Attend the Career & Internship Fair