Program Outcomes Report 2022-2023

Our M.A. in Clinical Mental Health Counseling (CMHC) and in School Counseling (SC) programs are nationally accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) through March 31, 2026, a coveted accreditation for Counselor Education programs.

M.A. Clinical Mental Health Counseling Program

Year	Program Enrollment*	Completion Rate+	Number of Program Graduates*	LPC Exam Pass Rate	Job Placement Rate	Average Class Size
2012-2013	46.7	100%	5	100%	100%	10
2013-2014	52	100%	12	100%	100%	10
2014-2015	41.6	100%	7	100%	100%	10
2015-2016	65	100%	6	96%	100%	10
2016-2017	61	100%	7	100%	71%	10
2017-2018	73	98%	14	93%	93%	10
2018-2019	84	99%	20	91%	75%	10
2019-2020	74	100%	10	100%	75%	10
2020-2021	62	100%	12	100%	91%+	10
2021-2022	76	90%	11	83%	100%	10
2022-2023	102	90%	18	80%	90%	10

^{*}Enrollment numbers are derived from the SEHD (previously GSEAP) dean's office enrollment list.

M.A. School Counseling Program

Year	Program Enrollment*	Completion Rate+	Number of Program Graduates*	LPC Exam Pass Rate	Job Placement Rate	Average Class Size
2012-2013	58.3	100%	16	No Exam in CT	100%	10
2013-2014	53.5	100%	15	No Exam in CT	100%	10

⁺Completion rate is determined by those who begin the program completing the program within a 3-year period.

Program Outcomes Report 2022-2023

Year	Program Enrollment*	Completion Rate+	Number of Program Graduates*	LPC Exam Pass Rate	Job Placement Rate	Average Class Size
2014-2015	38.3	100%	18	No Exam in CT	47%	10
2015-2016	29	100%	12	No Exam in CT	67%	10
2016-2017	36	100%	15	No Exam in CT	25%	10
2017-2018	38	100%	9	No Exam in CT	56%	10
2018-2019	37	100%	13	No Exam in CT	82%	10
2019-2020	33	100%	11	No Exam in CT	55%	10
2020-2021	31	100%	9	No Exam in CT	100%	10
2021-2022	30	90%	7	No Exam in CT	100%	10
2022-2023	31	100%	3	No Exam in CT	100%	10

^{*}Enrollment numbers are derived from the SEHD (previously GSEAP) dean's office enrollment list.

Student Diversity

Year	Asian	Black	Hispanic	Two or More	Unknown/Other	White	Intl ·	Male	Female	Non- Binary/Unknown
2013- 2014	1	9	1		1	88				
2014- 2015	3	12	5		4	56				
2015- 2016	3	7	7		1	76				

⁺Completion rate is determined by those who begin the program completing the program within a 3-year period.

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Year	Asian	Black	Hispanic	Two or More	Unknown/Other	White	Intl ·	Male	Female	Non- Binary/Unknown
2016- 2017	3	11	5		2	76				
2017- 2018	3	13	7		3	85				
2018- 2019	4	16	5		4	92				
2019- 2020	1	6	2		0	29				
2020- 2021	2	9	9	1	2	69	1	19	74	0
2021- 2022	1	7	10	2	2	84	0	22	82	2

As of 2022-2033, we have enhanced our data collection by semester and divided into CMHC and SC students. This data is in the table below.

Clinical Mental Health Counseling 2022-2023								
	Summer 2022	Fall 2022	Spring 2023					
American Indian or Alaskan Native	0	0	0					
Asian	2	1	1					
Black or African American	6	6	6					
Hispanic of Any Race	4	8	7					
Native Hawaiian or Pacific Islander	0	0	0					
Two or More Races	0	2	2					
White	47	57	63					

Program Outcomes Report 2022-2023

Clinical Mental Health Counseling 2022-2023								
	Summer 2022	Fall 2022	Spring 2023					
Non-Resident Alien	1	0	0					
Race/Ethnicity Unknown	2	2	1					
Female	46	56	58					
Male	16	20	22					
TOTAL	62	76	80					

School Counseling 2022-2023								
	Summer 2022	Fall 2022	Spring 2023					
American Indian or Alaskan Native	0	0	0					
Asian	0	0	0					
Black or African American	1	1	0					
Hispanic of Any Race	2	2	2					
Native Hawaiian or Pacific Islander	0	0	0					
Two or More Races	0	0	0					
White	17	27	23					
Non-Resident Alien	0	0	0					

Program Outcomes Report 2022-2023

School Counseling 2022-2023							
	Summer 2022	Fall 2022	Spring 2023				
Race/Ethnicity Unknown	0	0	0				
Female	19	27	22				
Male	1	3	3				
TOTAL	20	30	25				

Clinical Training

Our three-tiered model of clinical supervision for practicum is recognized for its rigor and excellence. We are the first and only program in the state of Connecticut to implement this model.

We have connections with over 70 school and clinical sites where students are placed for practicum and internship.

Clinical training takes place at The Counselor Education Lab and Training Center in Dolan West. The training center is a dedicated clinical training and instruction space which includes an office for the clinical instructor, two seminar classrooms, an observation room with a two-way mirror, and six rooms equipped with state of the art Apple televisions and Apple iPad technology; this allows faculty to observe and monitor students practicing counseling skills, and to observe and monitor campus supervisors as part of our 3-tier model of practicum supervision.

Clinical Training Summary Data:

Year	Number of sites	Number of Internship only sites	Number of Practicum only sites	Number of sites having both Practicum and Internship
2012-2013	39	20	11	8
2013-2014	39	20	10	9
2014-2015	38	22	10	6
2015-2016	50	11	8	31
2016-2017	31	17	6	8
2017-2018	35	16	10	9
2018-2019	29	20	6	2

Program Outcomes Report 2022-2023

Year	Number of sites		Number of Internship only sites	Number of Practicum only sites	Number of sites having both Practicum and Internship
2019-2020	3	6	18	10	8
2020-2021	3	6	46	11	45
2021-2022	3	0	12	4	14
2022-2023	CMHC 21		4	4	13
	SC	16	0	0	16

Program Objective Evaluation

Please note that we have changed our program objectives and therefore the information is shared under each program objective.

OLD Program Objective #1.

To provide educational and practical experiences that foster students' professional counseling orientation and ethical practice (2018-2022)

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	100% (N=5) indicated as acceptable or excellent	93.76% indicated as acceptable or excellent
	SC	Not Available	Not Available	
2019-2020	СМНС	100% (N=9) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	Not Available	100% (N=2) indicated as acceptable or excellent
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	100% (N=7) indicated as satisfied or very satisfied	100% (N=14) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as satisfied or very satisfied	Not Available

Program Outcomes Report 2022-2023

Year	Program	Alumni	Employer	Site Supervisor
2021-2022	СМНС	Not Available	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	100% (N=1) indicated as satisfied or very satisfied	N=0	N=3 indicated as acceptable or excellent

NEW Program Objective #1.

Graduates will identify as a professional or school counselor as indicated in their specialization and aligned with ethical and legal standards of practice

2022-2023						
	SC (N=1)					
Did your program promote you to ide	Did your program promote you to identify as a Professional Counselor or a School Counselor?					
Alumni	umni 50% Very Well 100% Quite Well 50% Quite Well					
	CMHC (N=3)	SC (N=3)				
Did the Fairfield University CMHC/SC student Identify as a professional or school counselor and demonstrate alignment with ethical and legal standards of practice?						
Site Supervisor 100% Above Target 67% Above Target 33% On Target						

OLD Program Objective #2.

To provide learning and educational experiences that promote an understanding of, and support for, social and cultural diversity

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	100% (N=5) indicated as acceptable or excellent	100% indicated as acceptable or excellent
	SC		Not Available	
2019-2020	СМНС	89% (N=8) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent

Program Outcomes Report 2022-2023

Year	Program	Alumni	Employer	Site Supervisor
	SC	50% (N=1) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	
2021-2022	СМНС	N=1 indicated as satisfied or very satisfied	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as satisfied or very satisfied	N=0	N=3 indicated as acceptable or excellent

NEW Program Objective #2.

Graduates will demonstrate understanding of, sensitivity to, and advocacy for equity, diversity, and inclusion issues in counseling.

2022-2023						
CMHC (N=2) SC (N=1)						
Did your program promote for you to understand, be sensitive to, and advocate for equity, diversity, and inclusion issues in counseling clients/students						
Alumni 50% Very Well 100% Quite Well 50% Quite Well						
	CMHC (N=3)	SC (N=3)				
Did the Fairfield University CMHC/SC student demonstrate understanding of, sensitivity to, and advocacy for equity, diversity, and inclusion issues in counseling their clients/students.						
Site Supervisor 100% Above Target 67% Above Target 33% On Target						

Old Program Objective #3.

To provide educational experiences that cover human growth and development across the lifespan

Program Outcomes Report 2022-2023

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	Not available	Not available
	SC			
2019-2020	СМНС	100% (N=9) indicated as satisfied or very satisfied	Not available	Not available
	SC		100% (N=2) indicated as satisfied or very satisfied	Not available
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	N/A	N/A
	SC	100% (N=2) indicated as satisfied or very satisfied	N/A	N/A
2021-2022	СМНС	N=1 indicated as dissatisfied	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as satisfied or very satisfied	N=0	N=3 indicated as acceptable or excellent

NEW Program Objective #3.

Graduates will incorporate theories and models for optimal lifespan development to empower and promote resilience and wellness across the lifespan.

2022-2023						
CMHC (N=2) SC (N=1)						
	orate theories/techniques and models/signersilience and wellness across the life					
Alumni 100% Quite Well 100% Somewhat Well						

Program Outcomes Report 2022-2023

	CMHC (N=3)	SC (N=2)				
	Did the Fairfield University CMHC/SC student incorporate theories and models or effective techniques and strategies for optimal lifespan development to empower and promote resilience and wellness across the lifespan in their clients/students.					
Site Supervisor	67% Above Target 33% On Target	50% Above Target 50% On Target				

OLD Program Objective #4.

To provide educational and practical experiences that promote an understanding of career theory, development, and related life factors

Year	Program	Alumni	Employer	Site Supervisor
2018- 2019	СМНС	Not Available	80% (N=4) indicated as acceptable or excellent	75% indicated as acceptable or excellent
	SC			
2019- 2020	СМНС	89% (N=8) indicated as satisfied or very satisfied	86% (N=6) indicated as acceptable or excellent	86% (N=12) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied		100% (N=2) indicated as acceptable or excellent
2020- 2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	86% (N=6) indicated as acceptable or excellent	86% (N=12) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	
2021- 2022	СМНС	N=1 indicated as dissatisfied	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as dissatisfied	N=0	N=3 indicated as acceptable or excellent

Program Outcomes Report 2022-2023

NEW Program Objective #4.

Graduates will apply career theory and models to serve and advocate for career development of diverse clients' career, vocational, and educational needs across the lifespan.

2022-2023						
	CMHC (N=2)	SC (N=1)				
Did your program promote to incorporate career theory and models in working with client/student to facilitate career, vocational, and educational needs across the lifespan.						
Alumni	100% Quite Well 100% Somewhat Well					
	CMHC (N=3)	SC (N=3)				
Did the Fairfield University CMHC/SC to facilitate career, vocational, and ed	E student apply career theory and mode	`				

OLD Program Objective #5.

To provide educational and experiential opportunities that cover both the theoretical and practical information relevant to counseling and helping relationships

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	100% (N=5) indicated as	96.88% indicated as
	SC		acceptable or excellent	acceptable or excellent
2019-2020	СМНС	100% (N=9) indicated as satisfied or very satisfied	Not available	100% (N=14) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as satisfied or very satisfied	
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent

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Year	Program	Alumni	Employer	Site Supervisor
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	
2021-2022	СМНС	N=1 indicated as satisfied or very satisfied	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as satisfied or very satisfied		N=3 indicated as acceptable or excellent

NEW Program Objective #5.

Graduates will apply theories, models, and principles in developing a therapeutic relationship and in providing assessment, case conceptualization, and intervention to promote client empowerment and change.

2022-2023				
	CMHC (N=2)	SC (N=1)		
Did your program promote to use counseling microskills in developing a therapeutic relationship and an identified theoretical orientation when providing assessment, case conceptualization, and intervention to promote their clients' wellbeing.				
Alumni	50% Very Well 50% Quite Well 100% Quite Well			
	CMHC (N=3)	SC (N=3)		
Did the Fairfield University CMHC/SC student apply counseling microskills in developing a therapeutic relationship and an identified theoretical orientation in providing assessment, case conceptualization, and intervention to promote their clients' wellbeing.				
Site Supervisor	67% Above Target 33% On Target	67% Above Target 33% On Target		

OLD Program Objective #6.

To provide educational experiences that promote theoretical and experiential understandings of group counseling and group work

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	80% (N=4) indicated as acceptable or excellent	84.38% indicated as acceptable or excellent

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Year	Program	Alumni	Employer	Site Supervisor
	SC			
2019-2020	СМНС	89% (N=8) indicated as satisfied or very satisfied	86% (N=6) indicated as acceptable or excellent	93% (N=13) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied		50%* (N=1) indicated as acceptable or excellent
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	86% (N=6) indicated as acceptable or excellent	93% (N=13) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	50%* (N=1) indicated as acceptable or excellent	
2021-2022	СМНС	N=1 indicated as dissatisfied	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as satisfied or very satisfied	N=0	N=3 indicated as acceptable or excellent

NEW Program Objective #6.

Graduates will demonstrate use of group work theoretical foundational knowledge to achieve experiential efficacy of facilitating groups.

2022-2023					
	CMHC (N=2)	SC (N=1)			
Did your program promote to use evid	Did your program promote to use evidence-based group work processes to facilitate groups.				
Alumni	50% Very Well 50% Quite Well 100% Somewhat Well				
	CMHC (N=3)	SC (N=3)			
Did the Fairfield University CMHC/SC student demonstrate use of evidence-based group work processes to facilitate groups.					
Site Supervisor	67% Above Target 33% Not Applicable	100% Target			

Program Outcomes Report 2022-2023

OLD Program Objective #7.

To provide educational experiences that cover assessment and testing

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	80% (N=4) indicated as acceptable or excellent	90.33% indicated as acceptable or excellent
	SC			
2019-2020	СМНС	100% (N=9) indicated as satisfied or very satisfied	86% (N=6) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied		100% (N=2) indicated as acceptable or excellent
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	86% (N=6) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	
2021-2022	СМНС	N=1 indicated as dissatisfied	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as dissatisfied	N=0	N=3 indicated as acceptable or excellent

NEW Program Objective #7.

Graduates will demonstrate ability to assess client/student issues for appropriate and effective delivery of services.

2022-2023				
	CMHC (N=2)	SC (N=1)		
Did your program promote to assess client/student issues for appropriate and effective delivery of services.				
Alumni	100% Quite Well	100% Somewhat Well		

Program Outcomes Report 2022-2023

	CMHC (N=3)	SC (N=3)		
Did the Fairfield University CMHC/SC student demonstrate ability to assess client/student issues for appropriate and effective delivery of services.				
Site Supervisor 100% Above Target 67% Above Target 33% On Target				

OLD Program Objective #8.

To provide educational experiences that cover research and program evaluation

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	100% (N=5) indicated as acceptable or excellent	96.78% indicated as acceptable or excellent
	SC			
2019-2020	СМНС	100% (N=9) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	93% (N=13) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied		100% (N=2) indicated as acceptable or excellent
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	93% (N=13) indicated as acceptable or excellent
	SC	100% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	
2021-2022	СМНС	N=1 indicated as satisfied or very satisfied	N= 2 indicated as acceptable or excellent; N=1 no evidence/not applicable	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as satisfied or very satisfied	N=0	N=3 indicated as acceptable or excellent

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NEW Program Objective #8.

Graduates will demonstrate the fundamental ability to conduct, access, and critique evidence-based research, to improve treatment and program outcome.

2022-2023				
CMHC (N=2)		SC (N=1)		
Did your program promote to access and use evidence-based techniques when serving clients/students in their treatment planning, intervention, and/or school based curricular development				
Alumni	50% Quite Well 50% Somewhat Well 100% Somewhat Well			
	CMHC (N=3)	SC (N=3)		
Did the Fairfield University CMHC/SO based techniques when serving clients/curricular development	Estudent demonstrate the fundamental	ability to access and use evidence		

OLD Program Objective #9.

To provide educational and experiential opportunities to students in the Clinical Mental Health Counseling program that promote the acquisition of the knowledge and skills necessary to address a wide variety of circumstances within the context of clinical mental health counseling

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	Not Available	100% (N=5) indicated as acceptable or excellent	100% indicated as acceptable or excellent
	SC	N/A		
2019-2020	СМНС	100% (N=9) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
	SC	N/A		
2020-2021	СМНС	100% (N=1) indicated as satisfied or very satisfied	100% (N=7) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
	SC	N/A	N/A	

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Year	Program	Alumni	Employer	Site Supervisor
2021-2022	СМНС	N=1 indicated as satisfied or very satisfied	N=3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N= 1 indicated as not applicable	N=0	N=3 indicated as acceptable or excellent

NEW Program Objective #9.

Graduates will demonstrate skills and dispositions to effectively serve clients/students in their specialized setting

2022-2023					
	CMHC (N=2)	SC (N=1)			
Did your program promote to use skills and manage dispositions to effectively serve clients/students in your specialized setting					
Alumni	50% Quite Well 100% Somewhat Well 50% Somewhat Well				
	CMHC (N=3)	SC (N=3)			
Did the Fairfield University CMHC/SC student demonstrate skills and dispositions to effectively serve clients/students in their specialized setting					
Site Supervisor	100% Above Target	100% Above Target			

OLD Program Objective #10.

To provide educational and experiential opportunities to students in the School Counseling program that support the acquisition of professional knowledge and skills necessary to promote the academic, career, and personal/social development of all P–12 students through data-informed school counseling programs

Year	Program	Alumni	Employer	Site Supervisor
2018-2019	СМНС	N/A	N/A	N/A
	SC	Not Available	100% (N=1) indicated as acceptable or excellent	100% indicated as acceptable or excellent
2019-2020	СМНС	N/A	N/A	N/A

Program Outcomes Report 2022-2023

Year	Program	Alumni	Employer	Site Supervisor
	SC	0% (N=2) indicated as satisfied or very satisfied	100% (N=2) indicated as acceptable or excellent	100% (N=14) indicated as acceptable or excellent
2020-2021	СМНС	N/A	N/A	100% (N=14) indicated as acceptable or excellent
	SC	50% (N=1) indicated as satisfied or very satisfied	100% (N=3) indicated as acceptable or excellent	
2021-2022	СМНС	N=1 indicated as not applicable	N= 3 indicated as acceptable or excellent	N=1 indicated as acceptable or excellent
	SC	N=1 indicated as dissatisfied	N=0	N=3 indicated as acceptable or excellent

^{*} The others indicated as Not Applicable

NEW Program Objective #10.

Graduates will demonstrate specialized knowledge to effectively serve clients/students in their specific setting

2022-2023						
	CMHC (N=2)	SC (N=1)				
Overall, did your program promote to use knowledge to effectively serve clients/students in my specialized setting						
Alumni	100% Quite Well	100% Quite Well				
Did the Fairfield University CMHC/SC student demonstrate knowledge to effectively serve clients/students in their specialized setting						
	CMHC (N=3)	SC (N=3)				
Site Supervisor	67% Above Target 33% On Target	67% Above Target 33% On Target				

Note: Alumni Scale: Not at all, Somewhat, Quite Well, Very Well; Site Supervisor Scale: Above, on or Below Target

While the above quantitative responses from stakeholder (alumni, employer, and site supervisor) surveys indicated that the program is strong in the coursework and skill training provided as measured by our program objectives, qualitative comments by current students, new completers, the advisory board, and a Fall retreat provided some suggestions that we have utilized to improve the program. In addition, we will be working harder to improve our return rate on our stakeholder surveys

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 Based on our student and site supervisor input, we have included an Advanced Skills course into both the School Counseling and Clinical Mental health Counseling Curricula. Students will take this course immediately prior to their practicum placement. We believe such skill training will benefit our students as well as the clients they serve.

Student and Faculty Highlights

STUDENT HIGHLIGHTS

Research Symposium

- *Michael Izdebski & *Stephen Osika (Dr. Dilani Perera) Ecological grief: a rising trend and its implications on mental health
- *Paul Sundman & *Brendan Osler (Dr. Dilani Perera) Social anxiety in college students: symptoms, effects, and treatment considerations
- *Janae Staltaro (Dr. Dilani Perera) Bi/Multilingual learners: identifying trauma support strategies and mental health literacy
- *Tasha Mehne & *Brain Dolan (Dr. Jocelyn Novella) Intuitive eating intervention on BIPOC adults with mild to moderate disordered eating
- *Eric Zeitler (Dr. Jocelyn Novella) Ensuring the safety and well-being of minors: ethical considerations when breaking confidentiality

Publications

- *Goddard, N. (2023). Curb the opioid crisis: Offer alternative forms of pain management. Annual Review of Addictions and Offender Counseling: New Directions in Research and Practice, 5, 26-40. Wipf & Stock.
- Perera, D. M., & *Galletti, A. (2023). The comprehensive assessment of co-occurring disorders. In R. W. Holt, & R. Moro (Eds.), Counseling individuals with co-occurring addictive and mental disorders: A comprehensive approach. Springer Publishing.

CACES Student Representative: Paul Sundman

FACULTY HIGHLIGHTS

John Kiweewa

Scholarship

Kiyingi, M., Nankabirwa, J.I., Sekaggya-Wiltshire, C., Nangendo J., **Kiweewa, J.M.,** Katahoire, A.R., & Semitala, F.C. (in press). Predictors of delayed Anti-Retroviral Therapy initiation among adults referred for HIV treatment in Uganda: A cross-sectional mixed methods study. *BMC Health Services Research*.

Musanje, M., Camlin, C., Kamya, M., Vanderplasschen, W., Sinclair, D.L., Kirabo, H., Kyagaba, K., White, R.G., Kasujja, R., & **Kiweewa, J.M.** (in press). Cultural adaptation of a mindful and acceptance-based intervention to support adherence to Antiretroviral Therapy among adolescents in Uganda. *PLOS Global Public Health*

^{*}indicate students

Program Outcomes Report 2022-2023

Jocelyn Novella

Service

- Co-chair of Connecticut Counseling Association Public Policy & Legislative Committee Co-Chair as of Jan 2023.
- Member of Collaborative Initiative for Behavioral Health Advocacy in the state of CT.
- Dr. Novella initiated a meeting for faculty in the Counselor Ed. department (Dr. Perera, Dr. Novella, Dr. Kiweewa, and Ms. Anderson) with Wendy Mendes to establish potential collaborations with the Bellarmine Initiative. Consequently, faculty met with Wendy on 1/24 for lunch and discussed several opportunities for collaboration, including future potential internship opportunities for CMHC and SC students.
- Dr. Novella testified before the Connecticut State Public Health Committee as co-chair of the Public Policy and Legislation Committee of the Connecticut Counseling Association on H.B. No. 6952, An Act Concerning Telehealth in opposition to Section 1(k).

Scholarship

Foss-Kelly, L., Parzych, J., **Novella, J., & Perera, D. M**. (2022). The counseling supervisor's ethical responsibility to practice, teach, and foster a legislative professional advocacy among counseling students and advisees. Webinar Presented for Chi Sigma Iota, Counseling Academic & Professional Honor Society International.

Dilani Perera

Scholarship

Perera, D. M., & *Galletti, A. (2023). The comprehensive assessment of co-occurring disorders. In R. W. Holt, & R. Moro (Eds.), *Counseling individuals with co-occurring addictive and mental disorders: A comprehensive approach*. Springer Publishing.

Service

Dilani Perera, an invited Panelist at the March 29 Worldwide Climate Teach-In at Fairfield University

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Additional Program Features:

- Graduates of our M.A. Degree programs compete favorably in the marketplace.
- The Department offers two Advanced Training Certificate Programs: Substance Abuse Counseling (18 credits) and Integration of Spirituality and Religion in Counseling (12 credits).
- Gamma Lambda Chi, the Fairfield Chapter of Chi Sigma Iota International, the honor society for the counseling profession, sponsors a number of activities:
 - o The Annual Counselor Education Graduation Celebration
 - The Annual Chi Sigma Iota Initiation Ceremony
 - Community service projects and social events